

## COMMUNITY RULES

*In order to optimise the quality of your stay and the relations with the community members, we ask that you respect the following community rules :*

### REGISTRATION AND RELEASE FORMS

All people arriving on the land must fill out a registration form and sign the release form.

#### MOST IMPORTANT RULES :

- **The diet is strictly vegetarian (no meat or fish).**
- **No alcohol.**
- **No drugs or marijuana.**
- No toxic products, such as personal hygiene products (shampoo, shower gel, toothpaste, soap...).
- We ask smokers not to contaminate the air and space of non-smokers.
- Do not leave personal belongings around the land and other communal spaces.



### GARDEN, FRUITS AND VEGETABLES

- The fruits and vegetables are a community resource. It is not permitted to harvest them without asking the permission of one of the active members.
- Any desire to help out or to work must be coordinated by an active member.

### POWER PLANTS

The use of power plants is only accepted within the context of a ritual or a ceremony.

### PETS

It is necessary to ask the permission of an active member before bringing a pet into the community.



### COMMUNAL SPACES, ORDER AND CLEANLINESS

- Keep communal spaces clean and tidy: showers, toilets, alberca, land, including the private space put at your disposal.
- The use of the communal kitchen is on the condition of its proper use and maintenance, including cleaning the compost bucket, washing up plates and utensils and cleaning countertops, the sink and the floor.
- The house is private, except during specified times.



### INTERNET, MOBILE PHONES, WiFi, MP3S, SOUND SYSTEMS

- WiFi is not permitted within the community.
- The use of MP3 players is on the condition that the silence and peace of others is respected.
- Mobile phones are not permitted in communal spaces and need to be used in away from others.

### PARKING

Only park cars in the car park provided. Keep the parking area clean and tidy.

### FIREWOOD

It is not permitted to use the firewood that is on the land. If needed, please ask an active member where it may be obtained.

### VISITORS

A request to the active members must be made to welcome visitors or friends, besides those defined by the community.